

ANEMIYA BILAN OG'RIGAN BOLALARDA FERSINOL DORI PREPARATIDAN FOYDALANISH

SAMARADORLIGI

Fazliddinov Janobiddin Zaynobiddin o'g'li
Samarqand Davlat Tibbiyot Universiteti, "Davolash ishi" fakulteti,
3-bosqich talabasi.

Egamberdiyev Husniddin Shavkat o'g'li
Samarqand Davlat Tibbiyot Universiteti, "Davolash ishi" fakulteti,
3-bosqich talabasi.

Annotatsiya: Siz doimo zaiflik sezasizmi.? Tez charchaysizmi.? Teringiz esa oqarib ketgandek rangpar tusga ega bo'ladimi.? Endi savollarni qayta o'qing va yaxshilab o'ylab ko'ring. Ehtimol, bularning barchasi anemiya bilan bog'liqdir. Ushbu maqolada bu nimani anglatishi va u bilan qanday kurashish haqida ma'lumot berib o'tilgan. Boshqa ko'plab qon kasalliklaridan farqli o'laroq, kamqonlik juda keng tarqalgan: statistik ma'lumotlarga ko'ra, dunyo aholisining chorak qismi anemiyadan aziyat chekmoqda. Yaxshiyamki, aksariyat hollarda gap kasallikning yengil shakllari haqida boradi, vaholanki ular ba'zida sog'ligingizga va kayfiyatingizga tahdid solishi mumkin.

Kalit so'zlar: Anemiya, fersinol dori preparati, kamqonlik, tabletka, parvarishlash dozasi, klinik ma'lumotlar, simptom, oshqozon-ichak trakti, diareya, dinamika, gemoglobin.

Abstract: Do you always feel weak.? Do you get tired easily.? Does your skin look pale.? Now read the questions again and think carefully.? Perhaps it all has to do with anemia. This article explains what it means and how to deal with it. Unlike many other blood diseases, anemia is very common: according to statistics, a quarter of the world's population suffers from anemia. Fortunately, in most cases, these are mild forms of the disease, although sometimes they can threaten your health and mood.

Keywords: Anemia, Fercinol drug, anemia, tablet, maintenance dose, clinical data, symptom, gastrointestinal tract, diarrhea, dynamics, hemoglobin.

Резюме: Вы всегда чувствуете себя слабым.? Вы легко устаете.? Ваша кожа выглядит бледной.? Теперь прочитайте вопросы еще раз и хорошенько подумайте. Возможно, все это связано с анемией. В этой статье объясняется, что это значит и как с этим бороться. В отличие от многих других заболеваний крови, анемия очень распространена: по статистике анемией страдает четверть населения земного шара. К счастью, в большинстве случаев это легкие формы заболевания, хотя иногда они могут угрожать вашему здоровью и настроению.

Ключевые слова: Анемия, препарат ферцинол, анемия, таблетка, поддерживающая доза, клинические данные, симптом, желудочно-кишечный тракт, диарея, динамика, гемоглобин.

Ishning maqsadi: Kamqonlik bilan og'rigan bemor bolalarda fersinol dori moddasining ta'sir samaradorligini o'rganish.

Materiallar va tadqiqot usullari: Ikki hafta davomida asosiy davolanish bilan parallel ravishda kuniga Fersinol preparatini, 2 mahal 2 tabletkadan iste'mol qilgan 6-12 yoshdagi 60 nafar anemiya bilan og'rigan bemor bolalarni tekshirdik. Kurs tugagandan so'ng, parvarishlash dozasi qabul qilindi - ikki oy

davomida kuniga bir mahal 1 tabletkadan. Samaradorlik tadqiqotdan oldin va keyin klinik ma'lumotlarga asoslangan holda baholandi.

Natijalar: Fersinol preparati bilan davolash kursining oxirida, anemiya bilan og'rigan bolalar sub'ektiv va ob'ektiv tekshiruvdan o'tkazildi. Fersinol preparati bemorlarning gematopoetik jarayonlariga ijobiy ta'sir ko'rsatadi, anemiya belgilarini kamaytiradi va asoratlarni rivojlanishiga to'sqinlik qiladi. Dinamik shkala bo'yicha olingan kamqonlikda sub'ektiv va ob'ektiv simptomlar dinamikasini tahlil qilish natijalari ko'p hollarda - 80% (48 bemor) - Fersinol anemiya kursiga ijobiy ta'sir ko'rsatdi va faqat 20%(12 bemor) hollarda ta'sir (dinamikasiz) aniqlanmadi. Davolash paytida salbiy dinamika oshqozon-ichak trakti tomonidan kuzatildi, masalan, ko'ngil aynishi, axlat rangini o'zgarishi, axlat rangining qorayishi, diareya holatlari. Bu preparatni ovqat bilan birga qabul qilish yoki tavsiya etilgan dozani asta-sekin oshirish orqali minimal darajaga tushirilishi mumkin. Fersinol preparati bir tabletkadan kuniga ikki mahal 2 oy davomida, so'ng bir tabletkadan bir marta 1 oy davomida foydalanish mumkin. Preparat berilgandan so'ng bemorlarning 50 tasida Hb-110mg/l, 10 tasida Hb-80 mg/l ekanligi aniqlandi. Preparat qo'llanilganda anemiyaning ob'ektiv va sub'ektiv belgilarini kamaytirdi.

Xulosa: Fersinol preparati anemiya kasalligida ijobiy ta'sir ko'rsatdi, bolalarda kasalliklarning davomiyligi va og'irligini kamaytirdi. Hozirgi kunda Fersinol preparatini bolalar orasida qo'llash orqali kasallikning oldini olish va davolash mumkin.

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